

Size conversion chart			
SIZE	MEN'S CHEST SIZE	MEN'S WAIST SIZE	WOMEN'S SIZE
SMALL	34-36	28-30	4/6
MEDIUM	38-40	32-34	8/10
LARGE	42-44	36-38	12/14
XL	46-48	40-42	16/18
2X	50-52	44-46	20/22
3X	54-56	48-50	24/26
4X	58-60	52-54	28/30
5X	62-64	56-58	

**Choosing pant inseam**

To find your inseam measure from from your crotch along the inner side of the leg straight down to the floor. Stand upright, do not bend and ask someone to help. If you have a pair of pants that fit well, you can measure those to find the inseam. (See diagram below)

**Coveralls**

For comfort, coveralls should be ordered 4 inches larger than your normal chest size. If you wear a 42-44 large in shirts, it's best to order a 46-48 Xlarge in the coverall for comfort and ease of movement

**Bib overalls**

Bib overalls should be ordered one or two waist sizes large than pants as they are being worn over other garments.

**Coverall and bib overall length**

Do not order longer inseams than your normal pant size as these garments hang lower in the crotch than pants and will end up dragging on the ground. The pant legs are not tapered and won't ride on the top of your boot.

Height	Recommended length	Inseam
5'3" to 5'7"	Short	28"
5'8" to 5'11"	Regular	30"
6' to 6'3"	Tall	32"

**Talls**

Many shirts, sweatshirts and coats are offered in talls should you need extra length. This option will give you approximately 2 inches added to the body and sleeve length.

**How to measure garments**

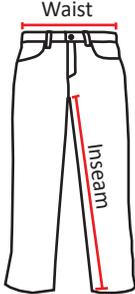
If you think an item is a different size than tagged or have removed the tags on your old clothing, follow these guidelines to get the actual measurements.

**Pants**

**Waist:** Lay pants flat, zipped and buttoned. Pull the waistband straight across so it is tight but not stretched. Measure across and double that number for the waist measurement. (If it measures 17" across then the waist is 34")

**Inseam:** Lay pants flat and smoothed out. Measure along the inside leg seam from the crotch seam to the bottom hem. This is the inseam.

\* Please note that when the inseam measures slightly longer (up to an inch) than it is tagged it will be considered the correct size as manufacturers factor fabric shrinking into the design.



**Shirts, jackets & sweatshirts**

**Shoulders:** Lay item flat and measure across the top from shoulder seam to shoulder seam

**Chest:** Lay item flat and measure body, directly under sleeve seams and double number.

**Sleeve length:** Lay sleeve flat and smoothed out. Measure from the top shoulder seam to the end of the cuff. If the sleeve is raglan style, you can measure from the underarm seam to the cuff.

**Body length:** Lay item flat and measure from neck seam to the bottom hem, down the center of the garment.

